

Toddler Checklist (12 months-3 years):

- Problems eating including gagging, food avoidance.
- Limited food choices/missing food groups impacting nutrition and age appropriate weight gain.
- Extreme separation anxiety.
- Resists dressing, seems uncomfortable in clothes. Has definite clothing texture preferences.
- Rarely plays with toys, especially those requiring dexterity.
- Difficulty shifting focus from one object/activity to another (more than age peers).
- Does not notice pain or is slow to respond when hurt.
- Resists cuddling, arches back away from the person holding him.
- Has "floppy" body, bumps into things and has poor balance, often falls to the floor intentionally.
- Does little or no babbling, vocalizing.
- Is easily startled, over-reacts to being startled.
- Extremely active and is constantly moving body/limbs or runs endlessly without a purpose.
- Delays in sitting, crawling, walking, running.
- Continues to mouth objects to explore them even after age two.
- Avoids messy play, over-reacts to face/hands/feet being dirty.
- Strong resistance to teeth brushing. May gag/cough when brush is in mouth.
- Strong aversion to hair brushing or haircuts, unable to calm even when held.
- Aversion to rain/wind against skin, unable to tolerate head getting wet.
- Wanders aimlessly without purposeful play or exploration (over 15 months)
- Needs adult guidance to play, difficulty playing independently (over 18 months)
- Participates in repetitive play for hours; i.e., lining up toys cars, blocks.