

# YOUR CHILD AT 12 MONTHS...

# DEVELOPMENT CHECK



## Communication

- Babbles long strings of sounds
- Uses sounds with changes in tone
- Points and uses gestures
- Imitates different speech sounds
- Says one or two words
- Responds to simple directions
- Understands words for common items and people

## Cognitive

- Explores things in different ways
- Finds hidden things easily
- Follows simple directions
- Copies gestures
- Looks at picture book with an adult
- Places a small object into a container and takes it out
- Demonstrates uses of everyday items

## Physical

- Stands alone
- Pulls self to stand
- Walks holding onto furniture
- May take a few steps without holding on
- Can squat then stand again maintaining balance
- Shows preference for one hand over other
- Can pick up small objects with thumb and index finger
- Pokes with index finger
- Bangs two blocks together
- Gets into and out of sitting without help

## Social-Emotional

- Separates from caregiver in familiar setting without crying
- Shy or nervous with strangers
- Has favorite things and people
- Cries when caregiver leaves
- Shows likes and dislikes
- Shows awareness of other children
- Hands adult a book when wants to hear a story
- Repeats sounds or actions to get attention
- Plays social games like peek-a-boo and pat-a-cake

## Adaptive

- Holds and drinks from a cup
- Dips spoon in food
- Begins to feed self with spoon
- Can use a straw
- Puts out arm or leg to help with dressing
- Finger feeds self